



APPENDIX
Application for the Simplified Forwarding of Information
Relative to the Change of Sex Designation or Name
of a Person 18 Years of Age and Over

To the applicant

- Read the general information leaflet.
- Write in block letters in **black** or **blue** ink.

Simplifying your steps

When the requested change takes effect, the Directeur de l'état civil will notify certain government departments and agencies by forwarding them the information they need to modify the sex designation or name in their files, eliminating the need for you to take steps with them regarding the change. You will not have to provide them with a certificate of change of name or sex designation and a new birth certificate as proof of the change. Please note that you must nevertheless contact the Régie de l'assurance maladie du Québec to obtain a new health insurance card.

The following government departments and agencies will be notified automatically:

- **Régie de l'assurance maladie du Québec**
To modify the name or the sex designation recorded in your file in the context of the Health Insurance Plan and, if applicable, the Public Prescription Drug Insurance Plan.
- **Retraite Québec**
To modify the name or the sex designation recorded in your file, if applicable, in the context of the Québec Pension Plan and the child assistance measure.

The Director will also inform the ministère du Travail, de l'Emploi et de la Solidarité sociale, Retraite Québec (for public sector pension plans), the Commission des normes, de l'équité, de la santé et de la sécurité du travail and the ministère de la Sécurité publique (for the Service d'immatriculation des armes à feu du Québec) if the answers you give in this form concern them.

Important! You must check whether you have steps to take with other departments and agencies.

Information on the person concerned by the requested change

1. Surname		2. Usual given name before the requested change	
3. Sex designation before the requested change <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Non-binary (X)		4. Date of birth Year Month Day 	
		5. Social Insurance Number - -	

Régie de l'assurance maladie du Québec

6. Enter your health insurance number. As soon as you are notified that the change has taken effect, **you must contact the Régie de l'assurance maladie du Québec to obtain a new health insurance card**, because the card you hold will no longer be valid.

Health insurance number

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Ministère du Travail, de l'Emploi et de la Solidarité sociale

7. Do you have a file with the Ministère du Travail, de l'Emploi et de la Solidarité sociale (Social Assistance Program, social assistance and support program, employment program, measure or assistance services, professional qualification program or amounts owed to the collection centre)?

- Yes No

If you answered Yes, enter your file number with the Ministère (CP-12) and, if applicable, your professional qualification number.

File number with the Ministère

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Professional qualification number

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Retraite Québec – Public sector pension plans (RREGOP, PPMP or others)

8. Do you receive benefits from a public sector pension plan or do you contribute to one of these plans?

- Yes No

Commission des normes, de l'équité, de la santé et de la sécurité du travail

9. Do you receive benefits from the Commission des normes, de l'équité, de la santé et de la sécurité du travail (income replacement indemnities, death benefits, the reimbursement of drug costs, the payment of the cost of a hearing aid, personal home assistance allowances, care or treatment, etc.)?

- Yes No

If you answered Yes, enter your file number with the Commission. **The information will be sent only if your file number is entered.**

File number with the Commission

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Ministère de la Sécurité publique – Service d'immatriculation des armes à feu du Québec

10. Do you own one or more non-restricted firearms **registered** in the Québec Firearms Registration File?

- Yes No